

Community Health Needs Assessment December 2022



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Harbor Beach Community Hospital

Serving and Meeting Needs of the Community

In 1920, the Huron Milling Company of Harbor Beach acquired the property on the corner of Broad and First Streets. On this property, a hospital was created to serve their employees and the community of Harbor Beach. As the community grew, health care needs also grew. In 1957, the hospital was donated to the community and renamed the Harbor Beach Community Hospital. It soon became apparent that a new building was needed. In 1963, a new facility opened its doors to residents. The next 50 years would be marked by major expansions such as the long term care wing and opening of medical clinics in Harbor Beach and Port Hope. The hospital would also be marked by constant growth and improvement in less visible but very important areas such as technology, specialty services, quality initiatives/awards, walk-in clinic services, and round the clock emergency room physicians. All of these changes resulted from the desire to meet a need in the community. From the beginning, the leaders of Harbor Beach understood that operating a **COMMUNITY** hospital meant striving to understand and respond to the needs of the community- you, your family members, and your friends. It was with this community mindset, in 2012, that Harbor Beach Community Hospital completed its first a Community Health Needs Assessment (CHNA). Every three years, the needs assessment process is conducted to assess changes in needs and progress toward goals. The 2022 report is the fourth CHNA. This report and an accompanying Implementation Plan serve to effectively meet Affordable Care Act requirements.



What is a Community Health Needs Assessment?

The first step in meeting community needs is identifying the needs. Using an objective approach helps ensure that priorities are based on data. However, analyzing data is only one step to identifying needs. Gathering input from individuals and groups in the community is also important. Personal experiences are critical to ensuring that statistics are interpreted correctly. The CHNA process balances data analysis with community input. Under the Affordable Care Act, a process and guidelines for developing the CHNA are provided. A CHNA helps to direct resources to issues that have the greatest potential for increasing life expectancy, improving quality of life, and producing savings to the healthcare system. Specific steps outlined by the Internal Review Service include:

1. Define the community
2. Assess the health needs of the defined community
3. In assessing the community's health needs, solicit and take into account input received from persons who represent the broad interests of the community, including those with special knowledge and expertise in public health.
4. Document the CHNA in a written report that is adopted by the hospital facility by an authorized body of the hospital facility.
5. Make the CHNA report widely available to the public.

Process Overview

Why is a Community Health Needs Assessment valuable?

Most experts agree that there are many challenges facing healthcare today. A global pandemic, rapidly changing technology, increased training needs, recruiting medical professionals, and responding to health needs of an aging population are just a few of the most pressing challenges. These challenges occur during economy challenges and when resources for families and healthcare providers are stretched. These conditions make the Community Health Needs Assessment (CHNA) process even more critical. A CHNA helps to direct resources to issues that have the greatest potential for increasing life expectancy, improving quality of life, and producing savings to the healthcare system.

Acknowledgments

Harbor Beach Community Hospital acknowledges the individuals that assisted and led the Community Health Needs Assessment process and development of the Implementation Plan. Trish VanNorman, Project Manager, for the Harbor Beach hospital coordinated the process with assistance from the Thumb Community Health Partnership (TCHP). The Administrative Team of the Harbor Beach Hospital was instrumental in providing input to identify priority health needs. They participated in review of health indicator data and conducted a resource assessment. In 2022, the hospital launched its CHNA process with a review of the Community Health Improvement Plan produced by the Michigan Thumb Public Health Alliance (MTPHA). MTPHA represents the local public health departments for Huron, Lapeer, Sanilac, and Tuscola Counties. Additional data reports and a community health survey were completed by TCHP which provided important insight into trends in health indicators and community perspectives.

CHNA Team: Harbor Beach Community Hospital formed an internal team to lead the CHNA process. The team met from May to July 2022.

- Paul Clabuesch, President/CEO
- Jill Wehner, COO Fiscal Services
- Jennifer Siemen, Acute Care Nursing/ER
- Karen Dallas, Business Office
- Rebecca Smith, Diagnostic Imaging
- Ellynne Volmering, Dietary
- Lauren Williamson, Infection Prevention
- Misty Johnston, Clinic Manager
- Candice Rivera-Tenerife, Extended Care Services
- Kevin Richardson, Cardiopulmonary
- Tina Osantoski, Human Resources/Health Information Management
- Tami Nickrand, Information Technology
- Bayly Vallier, Marketing
- Mark Smith, Laboratory
- Chad Redburn, Plant Operations
- Elen-Abegail Ragudos, Rehabilitation Services
- Susan Rochefort, Senior Life Solutions
- Trish VanNorman, Specialty Clinic/Grants/Student Health Center
- Carol Walker, Surgical Services
- Deanna Braun, Risk Management

Consultant: Harbor Beach Community Hospital worked with Kay Balcer, TCHP Director to provide objectivity and support to the project. Support included consultation in designing a process for the CHNA, obtaining community health data and information, analysis of gaps in information and areas of need, design of a community survey, survey analysis, consultation during development of the implementation plan, and developing content for written reports. Kay Balcer, has been involved in numerous needs assessments, surveys, and program evaluations over the past 25 years. In 2022, TCHP worked with all nine hospitals located in the Thumb region as well as public health departments and mental health agencies to complete needs assessments. In 2023 a regional Community Health Needs Assessment process will be conducted. This process will collect additional data related to social determinants of health and result in a report and regional priorities.

Steps in Process

The CHNA process took into consideration other needs assessment processes in the region. A hospital's Community Health Needs Assessment (CHNA), as outlined by the Internal Revenue Service, is slightly different than the assessments produced by other sectors such as public health or community mental health. Public health focused assessments are designed to inform the public about the health needs of a county or region. A hospital CHNA informs the public but is also used as a guide to focus efforts of the hospital on prioritized areas of a need. Working collaboratively, helped to prevent duplication and to align efforts with the assessments of other organizations including the Michigan Thumb Public Health Alliance and the Thumb Community Health Partnership.

Timeline

Review of Process- May 2022

Review of Data and Establishing Priorities-June 2022

Strategy Development- July 2022

Resource Assessment & Development of
Implementation Plan-August 2022

Companion documents are available for the information included in this report. The following pages summarize data utilized by the Harbor Beach Community Hospital to identify priorities for the 2023-2025 Implementation Plan.

Representing the Community and Vulnerable Populations

Define the Community Served

Located along the shores of Lake Huron, Harbor Beach Community Hospital serves rural communities in the eastern portion of Huron County. Huron County is located in the rural area of Michigan commonly referred to as the Thumb. The service area includes numerous towns and villages. A population of 31,280 resides in Huron County. Hospital utilization data was used to identify six zip codes that compose the hospital's primary service area: Harbor Beach, Port Hope, Ruth, Minden City, Forestville, and Ubyly. According to the 2020 5-year Census estimates, the service area has a population of 9,228. The following data provides insight into quality of life for residents:

- Nineteen percent of the population is over the age of 65 and only 23% are under age 18.
- The population has limited racial diversity with 96.6% of the population white.
- The service area has a college degree rate of 13.35% compared to Michigan's 30.5% and United States 32.9%.
- Average household income in the service area is \$63,100 as compared to Michigan's average income of \$80,803 and the United States average income of \$91,547.
- Unemployment in the service area ranged from 1 to 4.9% compared to Michigan at 6% and the U.S. at 5.4%.
- Of the civilian noninstitutionalized population – 4.9% have no health insurance coverage compared to Michigan at 5.4% and the U.S. at 8.7%
- The percentage of people who had incomes below poverty in past 12 months was 21% but ranged by municipality from 7.1% to 28.4%.

Input From Vulnerable Populations

Surveys conducted by the Thumb Community Health Partnership intentionally sought to include vulnerable populations. This was achieved by distributing surveys to individuals participating in services for low income population and senior citizens. Additionally, social service organizations that serve vulnerable populations were provided surveys. Agencies included Human Development Commission, mental health agencies, the public health and social services division of the Department of Health and Human Services, social workers, intermediate school districts, staff from health care sector with free or low cost health clinics, early childhood service providers, and law enforcement. Table 1 includes details on community input activities.

Table 2: Community Needs Surveys and Input

Thumb Community Health Partnership Surveys		
Community Survey (October 2021)	<ul style="list-style-type: none"> • Distributed across Huron, Lapeer, Sanilac, and Tuscola Counties- 1171 participants • Report produced for Service area by zip codes- 74 participants. 	A public survey was distributed online and on paper. The survey had four sections: 1) community strengths and weaknesses, 2) health priorities, 3) health system strengths and weaknesses, and 4) barriers to healthcare and wellness. The purpose of the survey was to gain a deeper understanding of contributing factors and community perceptions across a wide array of health issues. Vulnerable populations were widely represented with 49% of participants reporting representing at least one vulnerable population in the Harbor Beach Service Area Report:
Behavioral Health Survey (March 2021)	<ul style="list-style-type: none"> • Distributed across Huron, Lapeer, Sanilac, and Tuscola Counties. • 780 people participated in the community survey • 68 medical providers participated • 98 mental health providers participated 	Behavioral Health was identified as a priority for the region in 2019. To gain a better understanding of needs related to behavioral health in the region, three surveys were distributed: Medical Provider, Mental Health Provider, and Community. Questions were designed for each target population including multiple choice, rating scale, multiple option checklists, and open ended questions. Assessment topics fell into four main categories: 1) Prevalence of Mental Health Needs, 2) Availability of Services, 3) Barriers to Accessing Services, and 4) Impact of Stigma. As part of the community survey, participants were asked about personal experience with behavioral health. Of the 750 that answered the question many represented a vulnerable population: 37% respondents had a mental health condition, 23% cared for someone with a mental health condition, and 61% had a close family member or friend with a condition. These individuals were asked additional questions about their experiences with local services.

2019 CHNA Plan Progress

In 2019, the Community Health Needs Assessment priorities identified by Harbor Beach Community Hospital included two focus areas.

Focus Area 1: Behavioral Health

- Mental Health
- Substance Use Disorders

Focus Area 2: Senior Injuries

- Falls
- Auto Accidents

Table 3: 2019 Implementation Plan Progress Report

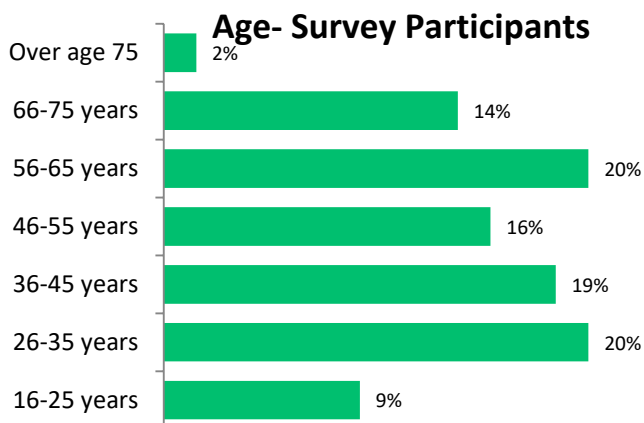
Focus Area	Existing Services to Continue	New or Expansion Strategies Under Consideration	Progress
Behavioral Health	<ul style="list-style-type: none"> • Student Health Center-Counseling, Classroom Education, Assemblies, and Professional Development for School Staff • Social work services for long term care patients • Tele-psychiatry services for long term care patients and outpatient services • Partnership with Thumb Community Health Partnership and on Rural Communities Opioid Response Planning Grant • Senior Life Solutions • Co-located Behavioral Health Program with counseling available for mental health and substance use disorders in Port Hope and Harbor Beach Primary Care Clinics. • Huron County Suicide Prevention Coalition and Prevention and Recovery Roundtable • Hospital and primary care policies aligned with Opioid Prescribing laws 	1. Increase connections between the Integrated Behavioral Health Program and the emergency department.	1. Mental health rack cards were included in discharge packets. .
		2. Explore ways to integrating behavioral health screening into Walk In Clinic (PHQ2)	2. Due to COVID this has not been implemented.
		3. Reduce stigma related to behavioral health and suicide for high risk groups	3. Mental health replated posts are consistently made on Facebook pages of the hospital and student health center. Total reach of posts averages over 15,000 per year. Staff continues to serve on the Huron County Suicide Prevention Coalition and Prevention and Recovery Roundtable. HBCH has a representative that serves on Thumb Community Health Partnership Priority Workgroup which includes behavioral health.
		4. Increase volume of patients treated for behavioral health in primary care.	4. Due to the move into a new building there is separation between mental health and primary care. The program is now one more of colocation/referral model versus integration
		5. Collaboration on Thumb Opioid Response Consortium Planning Grant and Thumb Community Health Partnership	5. HBCH continues to be a partner with both the Thumb Opioid Response Consortium Planning Grant and Thumb Community Health Partnership. There are a couple of staff members that attend these meetings and collaborate on the grant projects.
Senior Injuries	<ul style="list-style-type: none"> • Long-term care- OT or PT assessment of home for discharged patients at risk of falls. • Care & Share Program (respite services) • Swing Beds • Senior Life Solutions- fall risk assessments • Community Connections • Community Connections and Human Development Commission Commodities partnership • Fall Risk Assessments in primary care clinics 	1. Increase awareness of the importance of preventing falls.	1. In 2020, two staff members were trained in the Matter of Balance program. Due to COVID the class was not able to be held and in 2021 both of these staff members left the organization. Fall prevention information was shared on social media with reach of more than 500.
		2. Strengthen relationships and collaboration with other community partners including Human Development Commission and EMS/Fire	2. Outreach was completed to Human Development Commission to learn more about their Senior Services program in August 2020, funding for much of the senior programs was cut and reallocated to COVID19 related expenses.
		3. Review practices and create protocol to increase referrals to LMSW for care management related to senior injuries.	3. Fall Safety Information from the CDC has been added to our website under the “Safety “ tab.

Findings

Data Sources: Three types of data sources were utilized during the Community Health Needs Assessment (CHNA): public health statistics, focus group/stakeholder survey reports, and community survey results. The Team obtained the most recent data available. Whenever possible, data was compared to county, regional, state, or national data. Major health indicator data sources included:

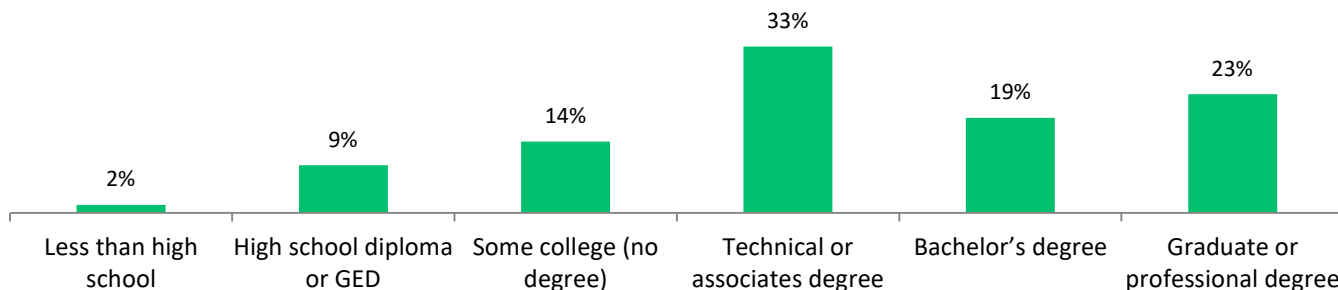
- Michigan Department of Health and Human Services- <https://vitalstats.michigan.gov/osr/chi/IndexVer2.asp>
- Michigan Behavioral Risk Factor Survey- http://www.michigan.gov/mdhhs/0,5885,7-339-71550_5104_5279_39424-134707--,00.html
- Michigan Profile for Healthy Youth- <https://mdoe.state.mi.us/schoolhealthsurveys/ExternalReports/CountyReportGeneration.aspx>
- County Health Rankings- www.countyhealthrankings.org
- United States Census- <https://data.census.gov/cedsci/>
- Great Start Data Set- Great Start Collaborative and compiled by the Michigan League for Public Policy
- Harbor Beach Community Hospital Report- 2021 Community Health Survey conducted by the Thumb Community Health Partnership.

Community Health Survey Participants Seventy four people from the service area completed the 2021 Thumb Community Health Partnership regional survey. People across the age spectrum were represented. 50% of participants had children present in the household. 90% of participants were female compared to 78% in the regional survey sample. 56% were employed full time and 14% were retired. Income levels were distributed across the income spectrum from less than \$15,000 to \$150,000 and over.

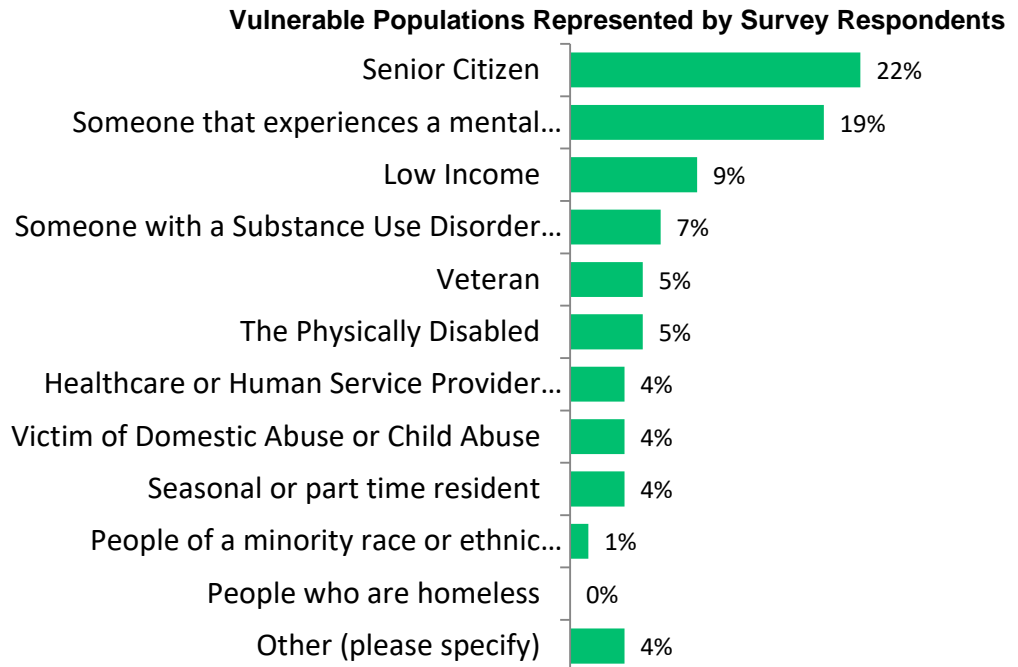


Compared to the demographics for the county where 15.4% of residents have a bachelor’s degree or higher, the sample was overrepresented on people with a higher education level.

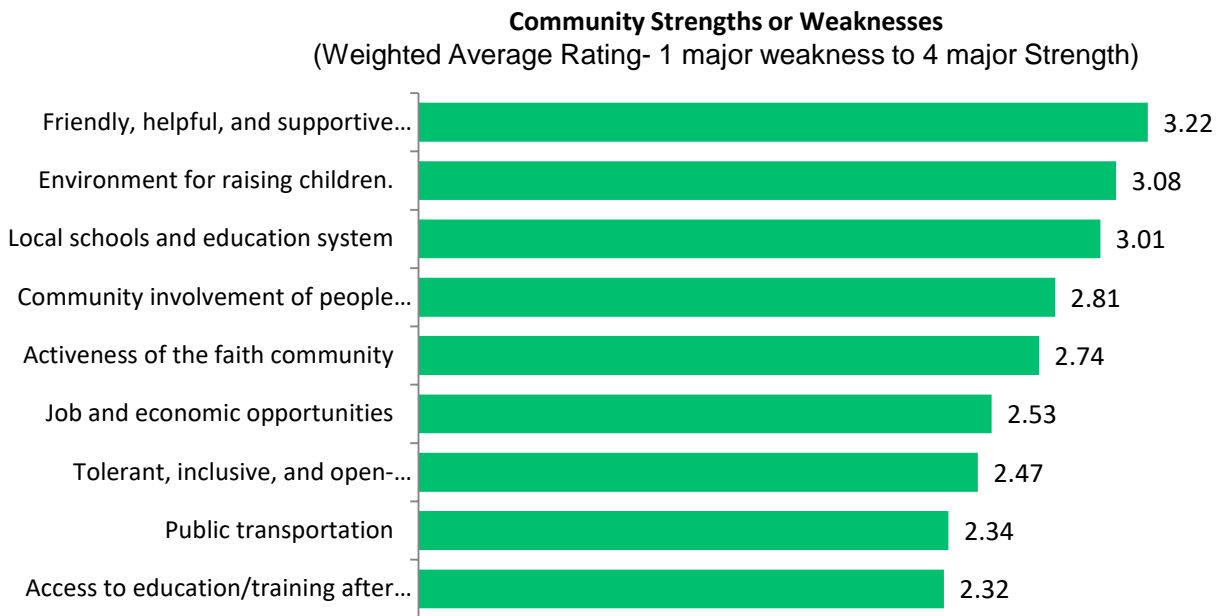
Highest Level of Education-Survey Participants



As described on Table 2, 49% of survey respondents represented a vulnerable population.

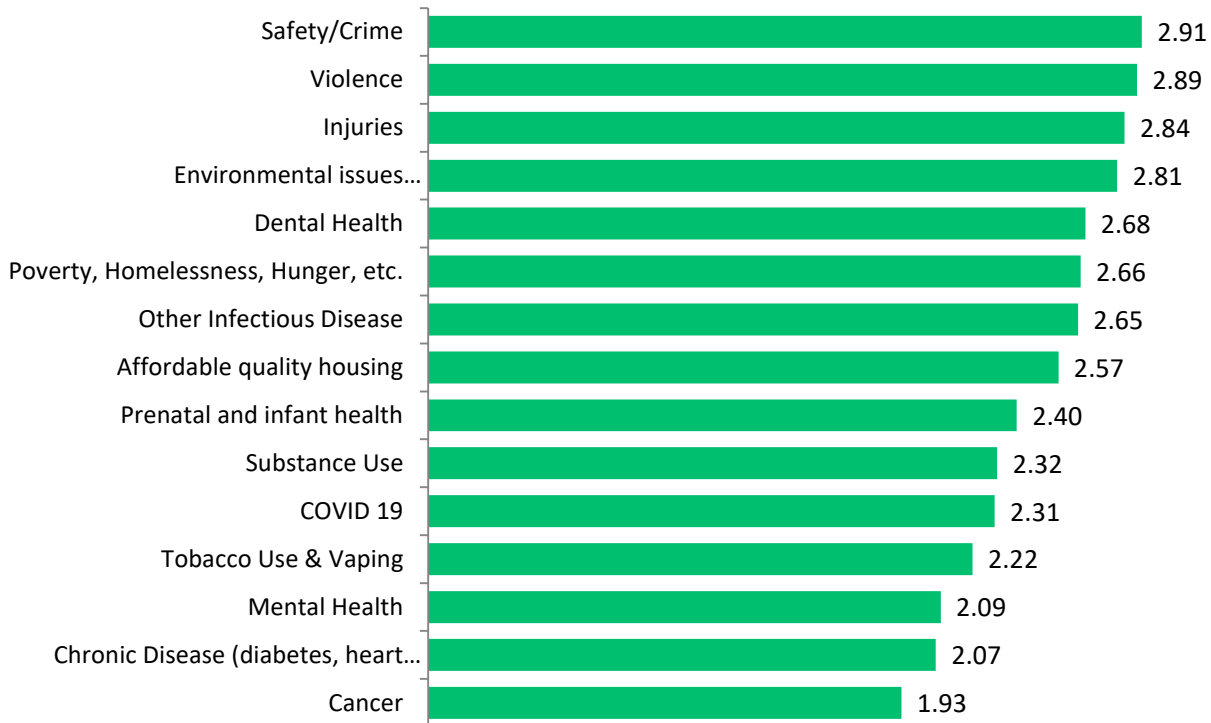


The TCHP Community Health Survey covered four domains: 1) community strengths and weaknesses, 2) health priorities, 3) health system strengths and weaknesses, and 4) barriers to healthcare and wellness.



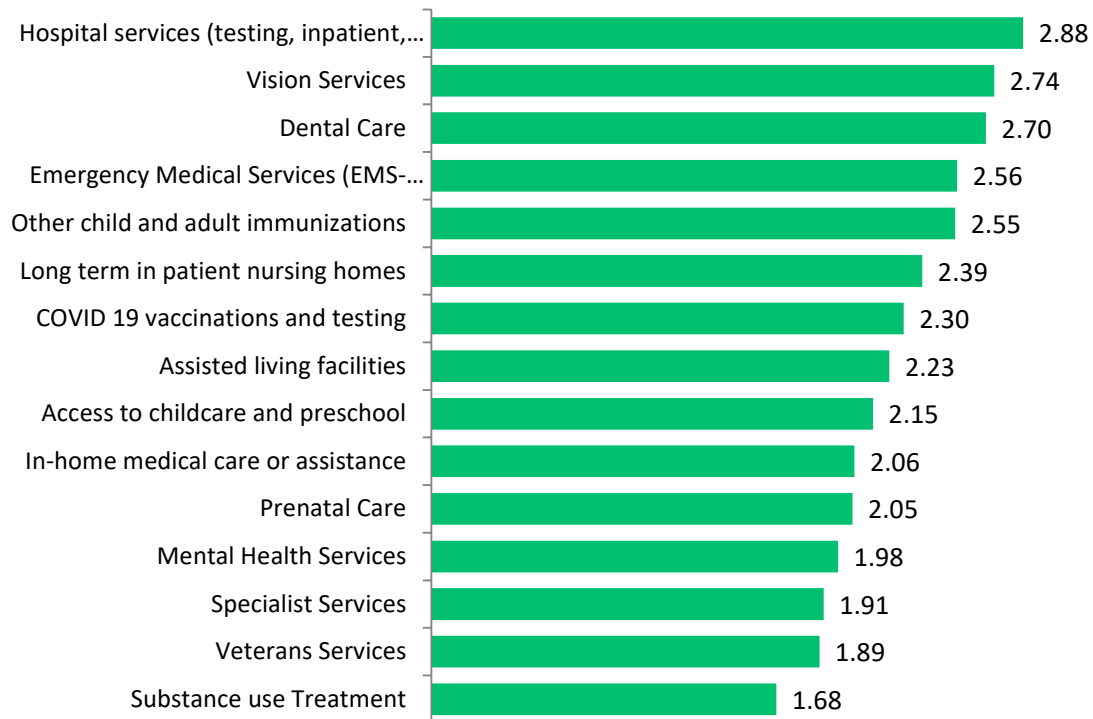
Community Health Concerns

(Weighted Average Rating- 1 major concern to 4 not a concern)



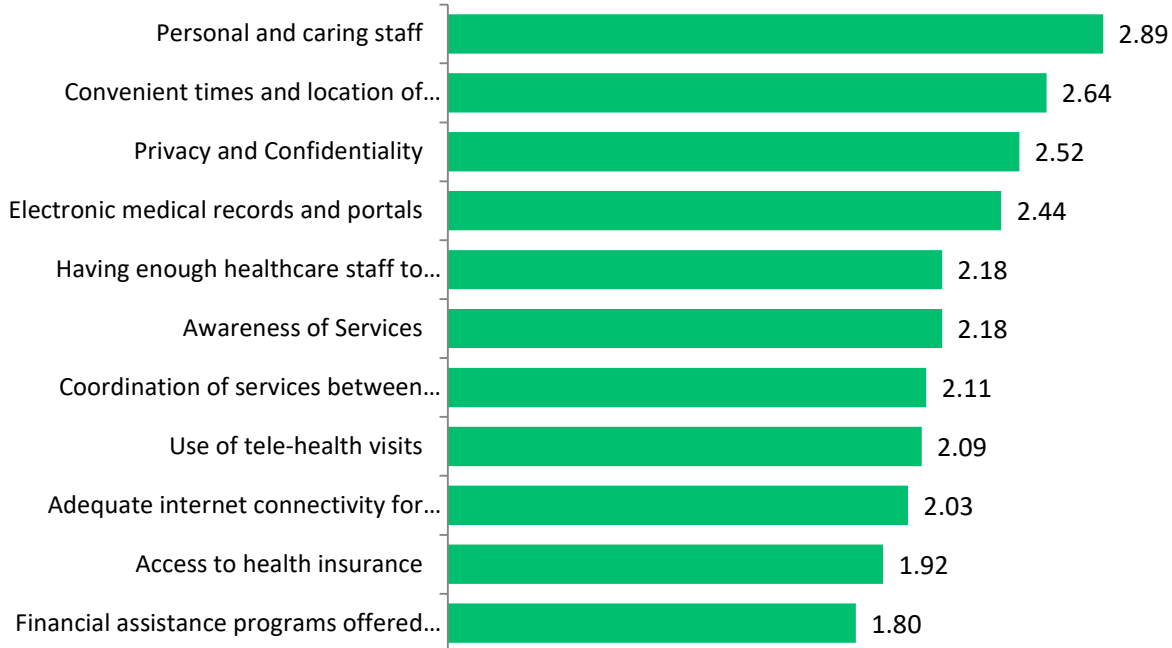
Healthcare and Human Service Strengths and Weaknesses

(Weighted Average Rating- 1 major weakness to 4 major Strength)



What do you see as the strengths and weaknesses of our service system and providers?

(Weighted Average Rating- 1 major weakness to 4 major Strength)



Priorities for the Thumb Region

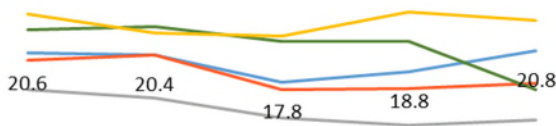
In order to more effectively address complex public health challenges, the health departments in Huron, Lapeer, Sanilac, and Tuscola Counties created the Michigan Thumb Public Health Alliance. In 2021, the Alliance updated the regional and county Community Health Improvement Plans (CHIP). This section includes a summary of the goals, objectives, and related data for Huron County.



Goal 1: Improve Perinatal Health

- Objective 1:1- Reduce smoking during pregnancy
- Objective 1:2- Increase planned and initiated breastfeeding.

Percent of Live Births to Women Who Smoked During Pregnancy



2016 2017 2018 2019 2020
 — Michigan — Huron — Lapeer — Sanilac — Tuscola

<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>

Breastfeeding-Initiated					
	2016	2017	2018	2019	2020
Michigan	44.0	46.3	46.9	48.4	51.1
Huron	48.1	52.5	55.7	47.9	49.7

<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>



Goal 2: Reduce Adolescent Health Risks

- Objective 2:1- Decrease the use of tobacco and nicotine delivery devices by adolescents
- Objective 2:2- Decrease marijuana use by adolescents
- Objective 2:3- Decrease adolescent pregnancy

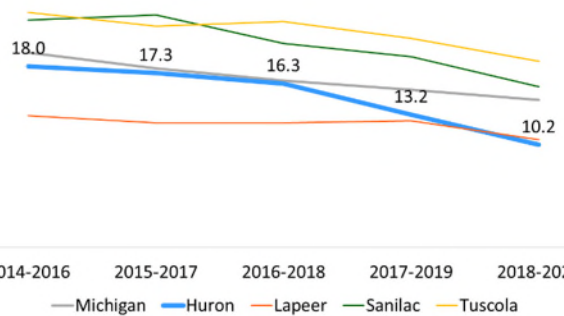
**Michigan Profile for Healthy Youth- Huron County
% of students grade 9 and 11-Past 30 days**

	2016	2018	2022
E-Vaping	18%	31%	21%

Marijuana Use- Ever- Huron County

	2014	2016	2018	2022
	18%	26%	23%	23%

**Births to Teens
Rate/1000 Females age 15-19**



<https://mdoe.state.mi.us/schoolhealthsurveys/ExternalReports/CountyReportGeneration.aspx>

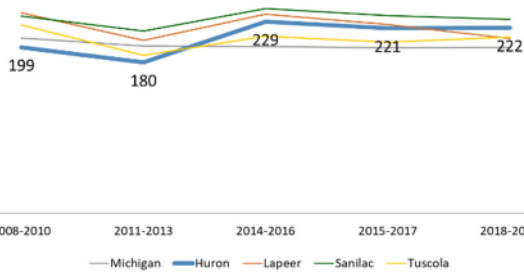
<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>



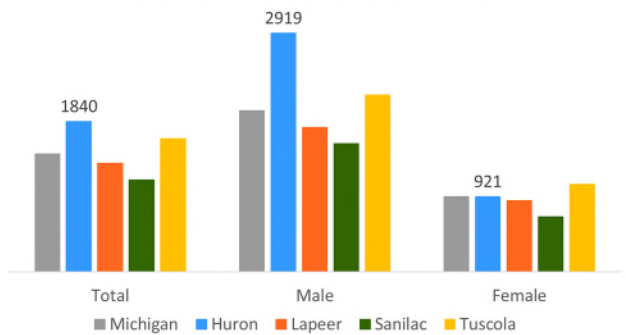
Goal 3: Reduce Chronic Disease Deaths

- Objective 3:1- Decrease deaths from cardiovascular disease.
- Objective 3:2- Decrease use of tobacco and nicotine delivery devices by adults.
- Objective 3:3- Decrease obesity
- Objective 3:4- Increase colorectal cancer screenings
- Objective 3:7- Increase consumption of healthy foods.

**Heart Disease Mortality Trends Age Adjusted Rate/100,000
3 Year Moving Average**



**2020 Heart Disease
Rate/100,000 Years of Potential Life Lost**



Michigan Department of Health and Human Services

<https://vitalstats.michigan.gov/osr/chi/cr/frame.html>

**Total Cardiovascular Disease
Death Rate**

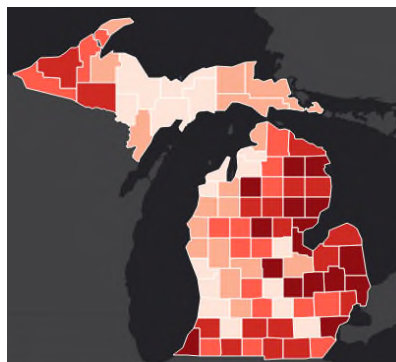
Age 65+

All Races/Ethnicities

Both Genders

2017-2019

Center for Disease Control; Interactive Atlas
<https://nccd.cdc.gov/DHDSPAtlas/Default.aspx>



Age-Standardized Rate per 100,000

- Insufficient Data (0)
- 1203.1 - 1425.9 (17)
- 1426.0 - 1487.3 (17)
- 1487.4 - 1621.7 (16)
- 1621.8 - 1769.9 (17)
- 1770.0 - 1927.6 (16)



Goal 4: Reduce Infectious Disease

http://www.michigan.gov/mdhhs/0,5885,7-339-71550_5104_5279_39424-134707--,00.html



Goal 5: Reduce the Impact of Substance Use Disorders

% of Adults Engaged in Excessive Drinking					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2006-2012	17	16	20	19	18
2019	22	23	21	22	20

Behavioral Risk Factor Surveillance System; www.countyhealthrankings.org



Goal 6: Reduce Injuries among Adults

% of Motor Vehicle Accidents Involving Alcohol					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2008-2012	20	22	30	37	31
2016-2020	30	37	40	30	38

www.countyhealthrankings.org



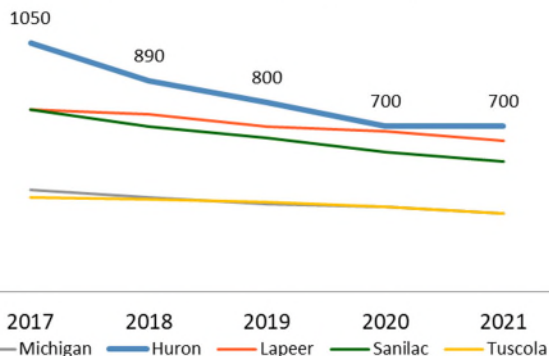
Goal 7: Reduce Childhood Illness & Injury

Source: Michigan Department of Health and Human Services, Child Protective Services; Great Start Data Set



Goal 8: Improve Mental Health

Mental Health Provider Rates
(Lower indicates greater access)



www.countyhealthrankings.org

Objective 4-1: Increase adult Immunization

% Had the Flu Vaccine in Past Year age >65					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2011-2013	45.8	46.9	43.6	45.5	56.7
2017-2019	63.3	49.2	*	54.9	61.6

% Ever Had Pneumonia Vaccine age >65					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2011-2013	61.4	65.1	66.7	53.8	67.5
2017-2019	71.1	58.6	*	66.7	72.8

Objective 5-1: Reduce substance use disorders

Drug Overdose Death rates/100,000					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2004-2010	6	12	11	10	12
2018-2020	14	19	15	19	26

<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>

- Objective 6:1-Reduce alcohol impaired accidents.
- Objective 6:2- Decrease incidence of senior injuries

Unintentional Injuries Death Rate/100,000- Age 75+					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
2006-2008	40.9	29.1	49.1	35.2	35.5
2018-2020	44.4	41.6	43.6	51.0	52.5

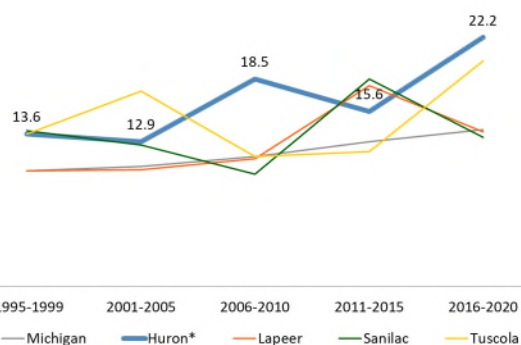
<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>

Objective 7-4: Decrease substantiated child abuse cases

Rate per 1,000 Children Ages 0-8 are substantiated victims of Child Abuse or Neglect					
	Huron	Lapeer	Sanilac	Tuscola	Michigan
FY17	34.4	23.5	42.9	32.8	26.8
FY 20	22.6	10.7	35.1	19.3	17.0

- Objective 8:1- Increase access to mental health services.
- Objective 8:2- Reduce the incidence of suicide

Suicide Mortality Trends
Age Adjusted Rate/100,000



<http://www.mdch.state.mi.us/pha/osr/chi/IndexVer2.asp>

Prioritization Process

A CHNA helps to direct resources to the issues that have the greatest potential for improving the health of the community. Successfully addressing priority issues increases life expectancy, improves quality of life, and results in a savings to the healthcare system.

Harbor Beach Community Hospital began the prioritization process by reviewing the data from the TCHP Community Health Survey, Health Indicator data, and demographic data. A meeting was facilitated by Kay Balcer, TCHP Director and included prioritization exercises and small group discussion. Discussion included hospital related data, current programs and services of the hospital, and existing efforts of other organizations. The table below illustrates the result of these exercises.

<u>Focus Areas Needs</u>	<u>Priority Needs</u>	<u>Collaborative Priority Needs</u>
<p>Behavioral Health</p> <ul style="list-style-type: none"> • Mental Health • Substance Use Disorders <p>Financial Access Barriers</p> <ul style="list-style-type: none"> • Health Insurance Costs/Education 	<p>Senior Falls</p> <p>Chronic Disease</p> <ul style="list-style-type: none"> • Heart Disease • Diabetes • Obesity-Overweight <p>Tobacco Use and Vaping</p> <p>Cancer</p> <ul style="list-style-type: none"> • Preventive Screening Education <p>Healthcare Workforce</p> <p>Access to Care</p> <ul style="list-style-type: none"> • Primary Care • Awareness of Services • Transportation • Specialists • In home medical and assisted living 	<p>Suicide Prevention</p> <p>Violence</p> <ul style="list-style-type: none"> • Child Abuse and Neglect • Domestic Violence • Bullying <p>Immunizations</p> <p>Traffic Injuries</p> <p>Prenatal and Infant Health</p> <p>Dental Health</p> <p>Social Determinants of Health</p> <p>Veterans Services</p>

A resource assessment was conducted to help ensure that priorities were appropriately identified as local focus areas, priority needs, and collaborative priorities. Through this analysis the Harbor Beach Community Hospital was able to ensure that all the needs identified in the Community Health Improvement Plan created by the Michigan Thumb Public Health Alliance for the Huron County Health Department are addressed.

Resource Assessment for Focus Areas and Identified Health Needs

Focus Area 1: Behavioral Health

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Student Health Center in Harbor Beach and Ubyly-Counseling, Classroom Education, Assemblies, and Professional Development for School Staff • Social work services for long term care patients • Tele-psychiatry services for long term care patients and outpatient services • Partnership with Thumb Community Health Partnership and on Rural Communities Opioid Response Planning Grant • Senior Life Solution • Co-located Behavioral Health Program with counseling available for mental health in Harbor Beach Medical Clinic. • Hospital and primary care policies aligned with Opioid Prescribing laws 	<p><u>County & Regional Programs</u></p> <ol style="list-style-type: none"> 1. Thumb Community Health Partnership (TCHP) Men’s Mental Health Project & Children’s Behavioral Health Campaign 2. Huron Behavioral Health Services for the under-resourced 3. Prevention and Recovery Roundtable 4. Substance Abuse and Mental Health Counselors available in other areas of county. 5. Support groups available in other areas of the county. 6. Alcoholics Anonymous and related support groups 7. Crisis Line: 1-800-356-5568 or 911 8. Inpatient Treatment Programs- Accessible outside of the county 9. Geriatric Outreach -Huron Co. Health Department and Huron Behavioral Health 10. Suicide Prevention Coalition and Survivor Support 11. Medication Assisted Treatment is provided by List Psychological Services and Great Lakes Bay Medical Clinic (FQHC) 12. Families Against Narcotics Chapter 13. Distribution of naloxone to first responders and the public at community awareness programs. 14. Mental Health First Aid programs offered by Huron Behavioral Health 15. Peer 360- Recovery Alliance 16. Prevention 4 Everyone Committee 17. Suicide Prevention Coalition <p><u>Local Programs</u></p> <ol style="list-style-type: none"> 1. Special Education Services for youth provided by schools and ISD. 2. Health Education provided by teachers at local schools. 3. Clergy at local churches available for support/counseling 4. One large employer has an employee assistance program. 5. Alcoholics’ Anonymous meetings in Harbor Beach. 6. Peer 360 Addictions Support Group

Focus Area 2: Financial Access Barriers

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Charity Care Payment Program to avoid patients from incurring bad debt • Working with local employers to meet the needs and stipulations of their insurance programs. • Insurance marketplace navigator • Promotion of insurance open enrollment. • Rural Health Clinic designation at Port Hope Clinic • Participation in the 340B program • Staff person to enroll patients in Medicaid 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> 1. State organizations and support 2. TCHP Navigator Program 3. Pharmacy Assistance Programs 4. Human Development Commission and MSU Extension- Financial Education Services 5. Federally Qualified Health Center located in Bad Axe <p><u>Local Programs</u></p> <ol style="list-style-type: none"> 1. Local physician offices accept public insurance, private pay patients

Other Needs- Already addressed and not selected as a focus area for expansion.

Senior Injuries

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Long-term care- PT or OT home assessments for discharged patients that have fall risks. • Care & Share Program (respite services) • Swing Beds • Senior Life Solutions- fall risk assessments • Fall Risk Assessments in primary care clinics 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> 1. Adult day services and Foster Care Homes 2. Human Development Commission 3. Subsidized Housing Assistance, Independent and Assisted Living, long term care homes 4. Region VII Area Agency on Aging and Huron County Council on Aging 5. Legal services for seniors-Lakeshore Legal Aid Port Huron Office or will come to Human Development Commission office in Bad Axe 6. A&D Home Care and Blue Water Center for Independent Living (BWCIL) provides Nursing Home Transition services 7. BWCIL is the Housing Assistance Resource Agency (HARA) for the Thumb Area Continuum of Care and provides homeless prevention and rapid re-housing. 8. Homeless Coalition- Emergency Shelter, security deposits rental arrearages

Chronic Diseases (Includes Heart Disease, Diabetes, Obesity)

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Student Health Center (SHC)- provides classroom education, information to parents, and promotes activity through activities such as walking programs. • SHC nursing services provides BMI assessments through wellness screenings. Will provide follow up nurse education to youth and families if interested. • 5K race held each summer with Maritime festival • Physicians make referrals to procedures such as banding not offered at HBCH. • Specialty clinics for endocrinology, cardiology and pulmonology. • Referring and consultation relationships between primary care physicians and specialists • CPR and BLS Classes • Cardiopulmonary rehabilitation 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> 1. TCHP Women 2 Women online Chronic Disease Programs and awareness campaigns 2. MSU Extension resources about healthy eating and fitness. 3. Fitness and physical therapy services located throughout the county. 4. Some employers in the county support employee fitness programs. 5. Numerous technology based applications and state/national internet resources are available i.e. www.michigan.gov/healthymichigan. 6. Private insurance companies provide discounts to their members. 7. Home Delivery services by grocers-Browns Market Place 8. Nature Center/bike trail along M-25 9. Senior Center has exercise equipment available 10. Programs sponsored by the American Heart Association and American Diabetes Association 11. Support Groups (varies throughout county) <p><u>Local Programs</u></p> <ol style="list-style-type: none"> 1. Exercise programs offered at the Community House 2. Biking/Walking Trail and Parks and Recreation Programs 3. Walking track and fitness center available at local school 4. Food Pantry provides healthy foods to those in need 5. Renew Wellness Services which includes personal trainer services

Tobacco Use and Vaping

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Student Health Center (SHC)- provides classroom education, information to parents, and promotes activity. • SHC nursing services provides risk assessments through wellness screenings. Will provide follow up nurse education to youth and families 	<p><u>County Programs</u></p> <ol style="list-style-type: none"> 1. Programs sponsored by the American Heart Association and American Cancer Society.

Cancer

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> • Referring and consultation relationships between primary care physicians and specialists • Screenings offered and discounted screenings such as mammograms. 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> 1. Programs offered by other medical providers in the county. 2. Programs sponsored by the American Cancer Society. 3. Support Groups (varies throughout county)

Access to Services

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> Partnerships with larger facilities, specialists, and in order to increase access to services. Provision of services in the Emergency Department and Walk In clinic- monitoring of wait times and responding to systematic problems that occur. Working with local employers to meet the needs and stipulations of their insurance programs. Participation in quality reporting On-going quality improvement studies and projects Refers to Thumb Area Transit Lakeview transport van for long-term residents Attempts to bring services to Harbor Beach such as specialty clinics, immunizations, and commodities partnership. Rural Health Clinic designation at Port Hope Clinic Participation in the 340B program 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> State organizations and support Other Medical Providers Screenings and education offered at Senior Fair Human Development Commission and MSU Extension- Education Services Information about rural health from the Michigan Center for Rural Health Federally Qualified Health Center located in Bad Axe Thumb Area Transit <p><u>Local Programs</u></p> <ol style="list-style-type: none"> Pharmacy works with HBCH to ensure access to medications during non-pharmacy hours. Emergency Pharmacy Hours Home Care agencies located in the community Chiropractic care Massage Therapy available in the community Local physician offices accept public insurance, private pay patients

Social Determinants of Health (SDOH)

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> Participates with the Thumb Community Health Partnership which is currently conducting a regional SDOH planning project. 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> Thumb Area Michigan Works Huron County Economic Development Corporation Huron County Community Foundation Department of Health and Human Services Local College Access Network <p><u>Local Programs</u></p> <ol style="list-style-type: none"> Home delivered meals School College Connection Local Chamber of Commerce Food Pantry and Backpack Food Program Locally placed Department of Health and Human Services Staff GST Michigan Works offers a business resource network (success coaching) for employers in the county.

Safety and Violence Issues

Current HBCH Efforts	Current Community Efforts
<ul style="list-style-type: none"> Social emotional health education programs at the Student Health Center Primary care referrals to shelter or counseling services Hospital staff works with Department of Human Service and makes referrals for abuse. 	<p><u>Regional and County Programs</u></p> <ol style="list-style-type: none"> Safe Place domestic violence shelter County and State Law Enforcement Programs Child Abuse and Neglect Council <p><u>Local Programs</u></p> <ol style="list-style-type: none"> School education and anti-bullying programs Local Law Enforcement Faith Community programs and outreach

Huron County participates in the 2-1-1 service referral system

When someone in the community needs non-emergency services they can call 2-1-1. If you need help with any of the following, 2-1-1 is there to provide information 24 hours a day, 7 days a week:

- Food - food pantries, meal locations, commodities, meals on wheels
- Utilities Shut Offs - gas, water, electric
- Deliverable Fuels - propane, oil, wood, wood pellets, corn
- Rent Assistance - must have received eviction or 7-day notice
- Tax Assistance - free to eligible families and individuals
- Children's Health Insurance - call for eligibility criteria
- Compulsive Gambling - contact Michigan Department of Health and Human Services for self-assessment and treatment resources
- Clothing - School, work and career clothing
- Temporary and Transitional Housing - Federal Rapid Rehousing
- Community Shelters – homeless and domestic violence
- Substance Abuse - alcoholism and drug addictions
- Other home and family needs

Implementation Meeting

Following finalization of priorities and assessment of resources. Directors self-selected into the two focus area to begin discussion of potential strategies to address each focus area: Behavioral Health and Senior Injuries. Discussion included reviewing and, if needed, editing the resource assessment. Strategies identified include:

Focus Area 1: Behavioral Health	
<i>Continue Current Efforts</i>	<i>Potential New Strategies</i>
<ul style="list-style-type: none"> • Student Health Center in Harbor Beach and Uby-Counseling, Classroom Education, Assemblies, and Professional Development for School Staff • Social work services for long term care patients • Tele-psychiatry services for long term care patients and outpatient services • Partnership with Thumb Community Health Partnership and on Rural Communities Opioid Response Planning Grant • Senior Life Solution • Co-located Behavioral Health Program with counseling available for mental health in Harbor Beach Medical Clinic. • Hospital and primary care policies aligned with Opioid Prescribing laws 	<ul style="list-style-type: none"> • Increase connections between the Behavioral Health Program and the emergency department. • Reduce stigma related to behavioral health and suicide for high risk groups • Increase volume of patients treated for behavioral health in primary care. • Collaboration on Thumb Opioid Response Consortium and Thumb Community Health Partnership

Focus Area 2: Financial Assistance	
<i>Continue Current Efforts</i>	<i>Potential New Strategies</i>
<ul style="list-style-type: none"> • Financial Assistance Program to avoid patients from incurring debt • Working with local employers to meet the needs and stipulations of their insurance programs. • Insurance marketplace navigator • Promotion of insurance open enrollment. • Rural Health Clinic designation at Port Hope Clinic • Participation in the 340B program • Staff person to enroll patients in Medicaid 	<ul style="list-style-type: none"> • Educate the public on the importance of insurance and open enrollment periods • Educate the public on the cost of plans in the healthcare.gov marketplace • Educate the public on Medicare Scams and options to consider before changing plans. • Educate the public on Medicaid eligibility and the end of the public health emergency

The final implementation plan is written in a workplan format and includes a list of programs and services that are currently in place, potential partners, strategies for expanding, improving, or creating new initiatives, and person who will take the lead on these actions.