

## Focus on Fitness 5K July 9, 2010

213 Total Runners/Walkers

### Under 10

#### MALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	111	38:40:00	Lasky, Nicholas	M	under 10

#### FEMALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	94	34:47:00	Lemanski, Jordyn	F	under 10
2	132	45:02:00	Essenmacher, Haylie	F	under 10
3	133	45:03:00	Essenmacher, Hallie	F	under 10
4	167	52:53:00	Roberts, Makayla	F	under 10
5	178	53:45:00	Frait, Katie	F	under 10
6	198	61:41:00	Frait, Lizzy	F	under 10
7	209	64:02:00	Booms, Andrea	F	under 10
8	210	64:04:00	Booms, Arika	F	under 10

### Ages 10-14

#### MALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	37	24:31:00	Booms, Jared	M	10-14
2	42	25:30:00	Keyes, Chris	M	10-14
3	43	25:34:00	Yankee, Noah	M	10-14
4	55	27:19:82	Richardson, Matthew	M	10-14
5	61	27:57:00	Booth, Matthew	M	10-14
6	206	63:07:00	Lasky, Lucas	M	10-14

#### FEMALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	16	22:04:00	Bringard, Abby	F	10-14
2	50	26:57:00	Shaw, Sydney	F	10-14
3	58	27:27:00	Wolschleger, Jadrianna	F	10-14
4	78	30:04:00	Shaw, Laurel	F	10-14
5	98	36:02:00	Booth, Katie	F	10-14
6	108	38:17:00	Lemanski, Nicole	F	10-14
7	122	42:08:00	Emming, Brianna	F	10-14
8	143	47:51:46	Hentschl, Emily	F	10-14
9	147	48:26:00	Richardson, Emily	F	10-14
10	148	48:29:00	Kowaleski, Reganne	F	10-14
11	157	50:21:00	Woodke, Mae	F	10-14
12	158	50:22:00	Kowaleski, Madison	F	10-14
13	162	52:41:00	Brown, Caitlin	F	10-14
14	175	53:39:00	Lalonde, Jessica	F	10-14

### Ages 15-17

#### MALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	25	23:35:00	Kraft, Jonathon	M	15-17
2	29	23:57:00	Booms, Hayden	M	15-17
3	32	24:07:00	Weiss, Jacob	M	15-17
4	34	24:14:00	Volmerning, Dillon	M	15-17
5	85	32:06:00	Keyes, Josh	M	15-17
6	110	38:21:00	O'Neil, Aaron	M	15-17

#### FEMALES

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	17	22:44:00	Woodke, Madiline	F	15-17
2	23	23:20:00	Richards, Hailey	F	15-17
3	49	26:54:00	Phillips, Chelsea	F	15-17
4	92	34:04:00	Roggenbuck, Samantha	F	15-17
5	105	37:12:00	Cole, Crystal	F	15-17
6	109	38:20:00	Gerstenschlager, Amber	F	15-17
7	137	45:21:00	Kraft, Tori	F	15-17
8	140	47:16:00	Kraft, Shilo	F	15-17

**Ages 18-25**

**MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	3	19:30:00	Combest, Tom	M	18-25
2	9	20:41:00	Mausolf, Jason	M	18-25
3	21	23:13:00	Hagedon, Christopher	M	18-25
4	24	23:29:00	Mausolf, Chris	M	18-25
5	30	23:58:00	Wade, Dave	M	18-25
6	97	35:34:00	Jamrog, Derek	M	18-25

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	6	20:37:19	Kreft, Lacey	F	18-25
2	46	25:59:00	Cook, Kate	F	18-25
3	48	26:50:00	Cook, Brianna	F	18-25
4	57	27:24:00	Cook, Whitney	F	18-25
5	59	27:32:00	Weiss, Emily	F	18-25
6	62	28:00:00	Davis, Alisha	F	18-25
7	66	28:23:00	Guza, Amanda	F	18-25
8	77	29:44:00	Mausolf, Carrie	F	18-25
9	79	30:36:00	Jones, Jennifer	F	18-25
10	82	31:10:00	Tenbusch, Kelli	F	18-25
11	93	34:10:00	Eppenbrock, Erica	F	18-25
12	119	40:07:00	Buxton, Cariann	F	18-25
13	130	44:20:00	Woodke, Rebeccah	F	18-25
14	131	44:24:00	Woodke, Hannah	F	18-25
15	136	45:20:00	Erdman, Melissa	F	18-25
16	195	56:02:00	Vandera, Rachael	F	18-25

**Ages 26-30**

**MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	2	18:25:00	Early, Mitchell	M	26-30
2	22	23:18:00	Wolschleger, Jared	M	26-30
3	26	23:41:00	O'Hare, Nick	M	26-30
4	65	28:11:00	Greene, Shaun	M	26-30
5	68	28:37:00	Secord, Brett	M	26-30
6	71	28:48:00	Hodges, Derek	M	26-30
7	91	34:00:00	Pfeffer, Chris	M	26-30
8	95	35:00:00	Tenbusch, Ryan	M	26-30
9	188	55:06:00	Reinke, Kurtiss	M	26-30

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	36	24:28:00	Nowiski, Michelle	F	26-30
2	40	24:59:00	Sherman, Cari	F	26-30
3	53	27:13:00	Seltz, Kelly	F	26-30
4	63	28:08:00	Plester, Katie	F	26-30
5	64	28:10:00	Zuliniski, Shannon	F	26-30
6	76	29:34:00	Wade, Kelsey	F	26-30
7	80	30:40:00	Tenbusch, Jessica	F	26-30
8	86	32:36:00	Woodward, Rachel	F	26-30
9	88	33:16:00	Pfeffer, Jamie	F	26-30
10	159	50:42:00	Secord, Jamie	F	26-30
11	160	50:45:00	Ramsey, Kristin	F	26-30
12	164	52:48:00	Booms, Rachel	F	26-30
13	165	52:50:00	Parker, Jennessa	F	26-30
14	172	53:09:00	Woods, Christina	F	26-30
15	182	54:16:00	Mazure, Jennifer	F	26-30
16	215	65:10:20	Strohkirch, Carrie	F	26-30

**Ages 31- 40**

**MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	5	20:20:00	Haviland, Jim	M	31-40
2	8	20:37:70	Will, Randy	M	31-40
3	18	22:48:00	Essenmacher, Scott	M	31-40
4	35	24:15:00	Nowiski, Brian	M	31-40
5	44	25:42:00	Woodward, Will	M	31-40
6	47	26:46:00	Hagey, Sean	M	31-40
7	60	27:56:00	Sherman, Andy	M	31-40
8	69	28:39:00	London, George	M	31-40
9	73	29:02:00	Weiss, Mark	M	31-40
10	101	36:27:00	Arbaugh, Tom	M	31-40
11	120	40:42:00	Pennington, LeRoy	M	31-40
12	166	52:51:00	Parker, Michael	M	31-40
13	202	62:29:00	Friat, Steve	M	31-40

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	20	22:56:00	Nowiski, Angela	F	31-40
2	27	23:46:00	Lemanski, Jessica	F	31-40
3	39	24:48:00	Hagey, Jenny	F	31-40
4	51	27:01:00	Dimock, Kim	F	31-40
5	52	27:07:00	Bucholtz, Nancy	F	31-40
6	54	27:19:31	Essenmacher, Kerri	F	31-40
7	56	27:22:00	Spradlin, Anna	F	31-40
8	70	28:44:00	Yankee, Keri	F	31-40
9	81	31:10:00	O'Brien, Sara	F	31-40
10	84	31:55:00	Woodke, Tracy	F	31-40
11	90	33:56:00	Frait, Kristen	F	31-40
12	96	35:08:00	Roggenbuck, Gail	F	31-40
13	103	36:42:00	Deo, Dawn	F	31-40
14	104	36:47:00	Arbaugh, Kristin	F	31-40
15	112	38:48:00	Mix, Rebecca	F	31-40
16	113	38:48:00	Pennington, Angela	F	31-40
17	116	39:12:00	Murphy, Jill	F	31-40
18	129	44:04:00	Stangland, Devon	F	31-40
19	135	45:14:00	Messing, Tammy	F	31-40
20	138	45:50:00	Emming, Jenny	F	31-40
21	168	52:54:00	Roberts, Tammy	F	31-40
22	169	52:56:00	Castle, Jill	F	31-40
23	170	52:57:00	Cregeur, Jackie	F	31-40
24	171	53:06:00	Blanchard, Jody	F	31-40
25	173	53:15:00	Roggenbuck, Stacey	F	31-40
26	184	54:50:00	Musolff, Kim	F	31-40
27	185	54:51:00	Kowaleski, Heather	F	31-40
28	186	54:52:00	Majeski, Bridget	F	31-40
29	193	55:54:00	Wolschleger, Crystal	F	31-40
30	197	60:59:00	Karingada, Sally	F	31-40
31	211	64:06:00	Booms, Mary	F	31-40
32	214	65:10:00	Cook, Jackie	F	31-40

**Ages 41-50**

**MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	1	17:51:00	Lynch, Kevin	M	41-50
2	4	19:35:00	Volmering, Brad	M	41-50
3	7	20:37:46	Volmering, Mike	M	41-50
4	11	21:09:00	Booms, Garth	M	41-50
5	12	21:27:00	Woodke, Dean	M	41-50
6	14	21:58:00	Wodwaski, John	M	41-50
7	15	22:01:00	Lemanski, Ron	M	41-50
8	41	25:28:00	Shaw, Frederick	M	41-50
9	45	25:47:00	Yankee, Daniel	M	41-50
10	87	33:15:00	Delpiere, Mike	M	41-50
11	114	38:52:00	Hitchcock, Wade	M	41-50

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	10	20:54:00	Shaw, Lisa	F	41-50
2	13	21:47:00	Tremmel, Melissa	F	41-50
3	19	22:52:00	Volmering, Ellynn	F	41-50
4	28	23:52:00	Volmering, Rhonda	F	41-50
5	31	24:02:00	Woodke, Helen	F	41-50
6	38	24:46:00	Oparka, Cindy	F	41-50
7	67	28:35:00	Booms, Peg	F	41-50
8	72	28:52:00	Richards, Celine	F	41-50
9	74	29:11:00	Plester, Brenda	F	41-50
10	75	29:28:00	Bombard, Sue	F	41-50
11	83	31:38:00	Geiger, Jeanette	F	41-50
12	89	33:19:00	Hitchcock, Robin	F	41-50
13	106	37:21:00	Thompson, Edith	F	41-50
14	107	38:14:00	Cook, Cathy	F	41-50
15	115	39:04:00	Mausolf, Rachelle	F	41-50
16	118	39:44:00	Booth, Sara	F	41-50
17	121	41:11:00	Labor, Mary	F	41-50
18	126	43:52:05	Woycehski, Leslie	F	41-50
19	127	43:52:31	Erdman, Vicky	F	41-50
20	128	43:52:60	Reimann, Joni	F	41-50
21	144	48:01:00	Hentschl, Freda	F	41-50
22	151	49:51:00	Maurer, Beth	F	41-50
23	152	49:53:00	Delpiere, Laurie	F	41-50
24	155	50:13:00	Kraft, Cindy	F	41-50
25	176	53:41:00	Hutchinson, Denise	F	41-50
26	183	54:18:00	Messing, Bonnie	F	41-50
27	187	55:03:00	Guitar, Margaret	F	41-50
28	189	55:15:00	Ceplecha, Paula	F	41-50
29	201	62:11:00	O'Neil, Nancy	F	41-50

**Ages 51- 60****MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	33	24:10:00	Mausolf, Mark	M	51-60
2	100	36:20:00	Siemen, Dave	M	51-60
3	102	36:36:00	Nowiski, Don	M	51-60
4	141	47:45:00	Bonke, John	M	51-60
5	145	48:16:00	Wood, Tom	M	51-60
6	150	49:00:00	Erb, Gary	M	51-60
7	177	53:42:00	Hutchinson, Tim	M	51-60

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	99	36:19:00	Siemen, Deb	F	51-60
2	117	39:17:00	Lackie, Betty	F	51-60
3	123	42:14:00	Talaski, Cheryl	F	51-60
4	124	42:14:24	Maro, Kathy	F	51-60
5	125	43:29:00	O'Neil, Sue	F	51-60
6	139	47:09:00	Ramsey, Arlene	F	51-60
7	142	47:51:09	Nowiski, Vickie	F	51-60
8	146	48:24:00	Deneea, Patti	F	51-60
9	149	48:54:00	Erb, Nancy	F	51-60
10	153	50:09:00	Kramer, Carolyn	F	51-60
11	154	50:11:00	Connell, Alma	F	51-60
12	161	51:30:00	Mausolf, Kathleen	F	51-60
13	163	52:47:00	Halifax, Marjorie	F	51-60
14	174	53:17:00	Suida, Jane	F	51-60
15	179	54:03:00	LaPine, Cheryl	F	51-60
16	191	55:28:00	Iseler, Mary Lou	F	51-60
17	192	55:43:00	Reinke, Ann	F	51-60
18	194	56:00:00	Wade, Cindy	F	51-60
19	196	60:58:00	Geiger, Barb	F	51-60
20	200	62:10:00	Messing, Sherry	F	51-60
21	203	62:31:00	Jenson, Rosita	F	51-60
22	204	63:05:00	Falsetti, Kathy	F	51-60
23	207	63:53:00	O'Neil, Peggy	F	51-60
24	208	63:57:00	Seale, Laurel	F	51-60

**Ages 61 +****MALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	134	45:12:00	Essenmacher, David	M	61+
2	156	50:18:00	Hitchcock, Gordon	M	61+
3	181	54:05:00	LaPine, Pat	M	61+

**FEMALES**

DIVISION RANK	OVERALL RANK	TIME	NAME	SEX	DIVISION
1	180	54:03:00	Murdock, Patricia	F	61+
2	190	55:25:00	Fair, Jen	F	61+
3	199	61:56:00	Hecht, Joan	F	61+
4	205	63:06:00	Wolschleger, Vange	F	61+
5	212	65:09:00	Goldkette, Annette	F	61+
6	213	65:09:10	Mausolf, Marlene	F	61+